

HindSight

Human and organisational factors in operations

The theme of *HindSight* 37 will be

MENTAL HEALTH IN AVIATION ... AND BEYOND

HindSight is a magazine on human and organisational factors in operations. The magazine is aimed primarily at operational staff, but also at other practitioners, in air traffic management (ATM) and aviation, and beyond. The next issue of *HindSight* will look at the issue of mental health.

We welcome articles and short contributions by **Friday 2 May 2025**.

We welcome articles from aviation and other safety-critical sectors where lessons may be transferrable (e.g., rail transport, shipping, power generation, healthcare). We especially welcome articles written by or with operational staff, bearing in mind that operational staff are the primary readers. Articles may concern, for example:

- Fatigue and fatigue management
- Shiftwork, time zone changes, and circadian disruption
- Rest and sleep
- Burnout prevention and recovery
- Chronic stress
- Recovery from mental ill-health
- Neurodivergence and mental health
- Dealing with substance misuse and addiction
- Social isolation and loneliness
- Critical incidents and crisis management
- Training and simulator anxiety
- Addressing stigma
- Workload management
- Screening
- Licensing issues
- Organisational culture
- Support systems, coaching, and treatment
- Awareness and understanding

Draft articles (1500 words maximum, but may be around 1000 or 500 words) and short examples of experiences or good practice (that may be helpful to other readers) (200 words maximum) should:

- be relevant to human and organisational performance in ATM and aviation more generally,
- be presented in 'light language' keeping in mind that most readers are operational staff, and
- be useful and practical.

Please contact **steven.shorrock@eurocontrol.int** if you intend to submit an article, to facilitate the process.